

8th Orleans Scout Troop

Mobile Camp at Frontenac Park

12-14 May 2006



To all Scouts and their Parents:

Our Troop is planning a mobile camp! The enclosed newsletter provides you with an overview of the camp, equipment required, logistics, costs, forms, and emergency plans. The camp is in May so it may be cool at night and warm during the day. It may also be wet. Let's be prepared.

Camp Objectives:

1. To have fun;
2. To develop our mobile camping skills;
3. To challenge us.

When

From Friday 12 May through to Sunday evening 14 May 2006. Yes we are asking that your youth miss a day of school.

Costs

The cost for the camp will be \$80.00 per youth to cover food and transportation. The troop will provide a \$ 20.00 rebate per youth. The funds will come from general revenues. To register your scout, complete the consent form (attached) and make out a cheque for \$60.00 to "8th Orleans Scouts due Monday 8 May 2006.

Where are we going?

We are going to Frontenac Provincial Park near Sydenham ON. We have never been as a troop to this wilderness park but Scouters Peter and Joni know this park well. Campsites will have outhouses. There will be areas designated for our tents, and we will bring filters to make our water fit for drinking and personal hygiene. We will use lake water with a Javex final rinse for washing dishes.

Weather

Normal temperatures range between 7 and 16 degrees Celsius. It rains 12 days in May. Therefore it will be necessary to pack for warm, cool and wet weather.

Three questions each scout should ask while packing:

1. What if I drop my bag in a puddle?
(Nothing if everything is wrapped in plastic bags)
2. What if my hiking boots get wet?
(They won't as I will have waterproofed them with Dubbin in advance)
3. What if it rains?
(Put a waterproof layer (hat, jacket, pants) over my warm clothes)

Schedule of Activities

Monday 8 May 2006

Pack check and load vehicles. Since this is a light weight camp almost all the items we bring will do double duty.

Friday 23 September 2004

All scouts meet at Orleans United Church at 7 AM and we *leave as soon as possible*. We will stop for breakfast at the Tim Horton's in Perth. Please ensure your scout has a bagged lunch in disposable containers. Once we arrive, we will hike to our campsite, set up camp and have dinner. Lights out at 10 PM.

Saturday 24 November 2004

08 AM Rise, breakfast and clean up
10 AM Hike
12 PM Lunch
1 PM Hike
4 PM Set up camp and start supper
5 PM Eat and cleanup
9 PM Night game (if possible)
10 PM Lights out

Sunday 25 November 2004

8 AM Rise, take down camp, cook breakfast, eat and clean up
10 AM *Scout's Own*
11 AM *Leave Camp*
1 PM Lunch
3 PM Leave Frontenac for Ottawa
6 PM Approximate time scouts will be dropped off at their homes

Equipment

Scouts will be provided with a list of **required** personal gear (enclosed). Patrols will determine which group gear they require as a group. This gear and food will be divided amongst the scouts and leaders. Scouts will not carry more than 25-30 % of their body weight. Please have your scouts place their names on every item they bring (including clothing).

Medications

Scout leaders cannot give any medications to the youth. Please pack any medication the youth might need. Please advise us if the youth is taking prescription medication.

Menu

Youth will be determining their camp menu using *Canada's Food Guide*.

Emergency Services/Plans

Please make sure your scout is healthy when they leave home. If they have a fever, a cold or the flu, they will not have a good experience.

Scout leaders are well prepared to prevent and/or deal with injury on this trip. Four leaders have up to date Standard First Aid and CPR training. Three scout leaders have wilderness first aid. One scout leader is a registered nurse. All leaders have had experience with lightweight camping in a wilderness setting.

If your scout has an accident or medical emergency, they will be provided with immediate emergency first aid. We will evaluate the situation and, if they need to be evacuated from camp, we will attempt to contact you and they will be brought to emergency at Kingston General Hospital.

The nearest Ambulance can be reached through the 911 system. Poison control information can be reached in Ontario at (613) 737-1100.

If parents have an emergency, please contact <snip> <snip> (home) or <snip> (cell).

Questions:

If you require more information, or a copy of the consent form please do not hesitate to contact Scouters <snip> at <snip> (home) or <snip> at <snip> (home).

What to wear:

- Hat that covers your ears (no baseball caps)
- Necker
- Long pants that convert to shorts, t- and long sleeved-shirt
- 2 pairs of socks (inner is thin polypropylene and outer is wool)
- Fleece sweater
- Rain coat (if necessary)
- Sunscreen
- Lip balm containing sunscreen
- Hiking boots (broken in and supporting your ankles as terrain will be rough)
- Whistle
- Jack knife

What to have near the outside of the pack:

- Compass with degree markings
- Map (to be provided)
- Lip balm with sunscreen
- Sunscreen
- 2 litres water in Nalgene style bottles
- Insect repellent
- Bug hat or jacket
- Rain coat with hood and pants
- Toilet paper and hand sanitizer in a zip lock bag
- Personal first aid kit
- Flashlight
- Matches
- Survival kit
- Whistle
- Jack-knife

Camp is an electronic-free zone- no radios, games, CD players etc.!!

What to bring:

- Sleeping (*keep dry in plastic bag*)
 - ρ Sleeping bag,
 - ρ Sleeping pad or thermarest
 - ρ Long johns to sleep in
 - ρ Insulated toque (wool or fleece) that covers your ears
 - ρ Pair of mittens
- Outer Clothing (*Bring layers*)
 - ρ Polar fleece sweater and fleece pants (This is to wear under the wind jacket)
 - ρ Raincoat and rain pants
- Clothing (*keep it dry*)
 - ρ 1 pairs of long pants
 - ρ 1 t-shirt
 - ρ 1 long sleeved shirt
 - ρ 2 pairs of socks (*wool*)
 - ρ 2 pairs of underwear
- Eating and Drinking
 - ρ Mess kit in ditty bag (mug, bowl, spoon, fork, knife)
- Health and Hygiene
 - ρ Toilet kit (tooth brush & paste, biodegradable soap, hair brush/comb, deodorant)
 - ρ Towel
 - ρ Medication
- Other
 - Camera